

# Candidate Worksheet 1.7

## *Aim of the series of sessions:*

Session number:

Target group:

Number of participants:

<b>Aim of the session:</b>	<b>By the end of the session the participants will be able to:</b>
<b>Activity</b> Warm-up  <b>Skill development</b>  <b>Group activity/game</b>  <b>Concluding activity</b>	<b>Organisation required</b>
<b>Did the session achieve its aims?</b>	<b>What have you learnt from the session?</b>
<b>How will this session prepare the participants for the next session?</b>	