

Candidate Worksheet 7.4

Grassroots development

This worksheet will help you plan for Assessment Criteria 1.2. Describe the organisation of a specific sport from grassroots participation upwards.

Use the following questions to guide you.

Local

- Where can I get involved in this sport locally?
- Are there any clubs that I could join?
- Where could I borrow sporting equipment from?
- Where will I find an expert for advice and guidance?
- Are there any events that I could get involved in?
- If somebody asked for more information about a sport, or wanted to take it up, what could I do to help?

Regional

- How are the local clubs governed?
- Is there anybody who is employed to develop the sport in the region?
- What does their job entail?

National

- Who is the National Governing Body (NGB) for this sport?
- What national guidelines or recommendations does this NGB have regarding coaching, officiating or leading? Specifically, find out who can lead what, and at what age/ability group/level (at what point would I need to gain an NGB award in this sport?).